

Our Lady of Lourdes Catholic Primary School PE Curriculum Overview



Autumn															
Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Class R	Multi Skills								Ball Skills- hands Revi:						
Class 1	Multi Skills								Ball Familiarisation- hands						Revisit Recap
Class 2		Multi Skills								Ball Familiarisation- hands					
Class 3	Indoor Athletics and Rugby								Netball and Football						Revisit Recap
Class 4	Indoor Athletics and Rugby								Netball and Football						Revisit Recap
Class 5	Indoor Athletics and Rugby								Netball and Football						Revisit Recap
Class 6		Indoor Athletics and Rugby								Netball and Football					
							S	pring							
Week	1	2		3	4	5	6	7	8	9		10	11	12	13
Class R	R Gymnastics								Dance						
Class 1	Gymnastics								Dance						
Class 2		Gymnastics							Dance						
Class 3		Gymnastics and Hockey							Tennis and Dance						
Class 4	Gymnastics and Hockey								Tennis and Dance						
Class 5		Gymnastics and Hockey							Tennis and Dance						
Class 6		Gymnastics and Hockey							Tennis and Dance						

Summer													
Week	1	2	3	4	5	6	7	8	9	10	11		
Class R			Ball Sk	Ils- feet	Athletics								
Class 1			Ball Familia	risation- feet	Athletics								
Class 2	Ball Familiarisation- feet							Athletics					
Class 3	Health Related Fitness and Cricket							Athletics and OAA					
Class 4	Health Related Fitness and Cricket							Athletics and OAA					
Class 5	Health Related Fitness and Cricket							Athletics and OAA					
Class 6			Cricket and Healt	h Related Fitness		Athletics and OAA							