

ST BEDE'S
CATHOLIC SCHOOL &
BYRON 6TH FORM COLLEGE



ELITE FOOTBALL ACADEMY

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Welcome to our Elite Football Academy, where we seamlessly integrate academic excellence with athletic prowess. Our Elite Football Academy is crafted to provide student-athletes, from school years 7-11, with a holistic development experience, emphasising not only their football skills but also their academic growth and personal development.



Our outstanding coaching team has a wealth of experience in player development and deliver a structured syllabus designed to foster long-term growth for both our male and female players.

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Our program offers six hours of high-quality, developmentally appropriate training per week, encompassing a balanced mix of on-field practice, strength and conditioning, and classroom-based sessions. These sessions are delivered by a highly experienced team of coaches who also represent all three Category 1 North East professional football academies. Sessions will be delivered before, during and after-school alongside a structured games program where players will compete locally, regionally, and nationally.



Strength and Conditioning will be delivered by MN Elite. Martin and his team are internationally recognised in their field and have worked with several high-profile athletes including Newcastle United's Lewis Miley, Middlesboro's Josh Coburn, Team GB's Jazmine Moss, and England Rugby Union World Cup winning Captain, Tamara Taylor.

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As students' progress through our academy, they will have the opportunity to gain experience in coaching, refereeing, and leadership, offering valuable life skills alongside sporting expertise. Individual development plans will support player development, while player analysis tools will be utilised to assist players both on and off the pitch.

Exit routes from the program are varied and diverse, with links to both professional and semi-professional clubs. Graduates from our program may pursue US scholarships, enabling them to continue their athletic and academic development abroad, or apprenticeships that provide entry into various sports careers.



These pathways ensure that students have a range of options to advance in the world of sport, whether on the field or in related professions.

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To register your interest in the Elite Football Academy visit:

www.fastfeetfa.com/performance-academy

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