

# Wear It Green Day



Mental Health Awareness Week runs from Monday 15<sup>th</sup> May to Sunday 21<sup>st</sup> May 2023. The theme this year is 'Anxiety'.

To raise awareness of Mental Health Week, children are invited to come into school on Thursday 18<sup>th</sup> May, dressed in their own clothes wearing something green if possible.

Children will take part in activities linked to Mental Health Week throughout the day.