

Opportunities
to shine

Community

Building
Relationships

Mental Health and Wellbeing

Managing feelings
and behaviours

Curriculum

Supporting our children to build positive relationships with others

Many of our children will require support to rebuild their strong relationships they once had in school. They may need to re-learn how to interact in class, take turns and share, problem solve, seek help from an adult when it's needed and know which adults help and keep them safe when they need them.

- Work together to create a class charter within our class bubble that the children can understand and adhere to in order to ensure they feel happy and safe in school alongside their peers.
- Share social story times and circle times to allow children time to talk and reflect on experiences. Ensure stories and activities allow us to talk to the children about their emotions and how they might be feeling.
- Share and write poetry as a means of expression.
- Plan for extra story times and circle times to allow children time to talk and reflect on experiences. Ensure stories and activities allow us to talk to the children about their emotions and how they might be feeling.
- Find out about random acts of kindness and how to support each other.
- Look at positive traits in self and others and how this helps us to maintain positive relationships.
- Support children to identify the things and people that are important to them through activities such as Desert Island Values.
- Achieve a sense of belonging through coming back together and knowing that they are remaining together in a supportive class bubble. Look at other groups and places where children feel a sense of belonging.

Supporting our children to enjoy and achieve

We wish for all of our children to experience once again the many moments of success and achievement in school. This learning will be within our children's abilities and sits alongside an understanding that potential trauma experienced by our children during the school closures may impact on our children's ability to learn in the near future. Despite this, we will build in new learning opportunities that will look like familiar structured sessions that the children are used to (such as phonics, maths, guided reading etc.) so that our children can rejuvenate with the feeling of success and the desire to engage and achieve.

- Look at ways of turning negative thoughts into positive thoughts.
- Create opportunities for children to keep active and have sensory breaks from learning, including regular Activeblast, frequent planned PE lessons and opportunities for active learning wherever possible.
- Children participate in regular Growth Mindset activities to develop a sense of motivation and perseverance in light of difficult situations.
- Make use of Mindfulness activities to encourage self-reflection.

Supporting our children to manage their feelings and behaviours

We also believe many of our children will experience emotions and feelings that they may not have had in the past. Our recovery curriculum will support pupils to relearn the positive behaviour they may have forgotten outside the school environment and we will equip our children with self-regulation strategies to help them feel safe and calm.

- Through RE and PSHE lessons, provide regular opportunities for sharing thoughts and feelings about our changing lives.
- Continue to use the school's restorative approach with the children, promoting positivity, resilience and responsibility-taking.
- Identify people who can help us and whom we can trust.
- Compare a day in the life of our school with other times and countries.
- Recognise positive traits in themselves and others.
- Share and discuss therapeutic stories .

Supporting our children to let their light shine

We know that our children are all individual and unique and we want them to remember that they all have talents and strengths. We want them to be confident and resilient learners who will have opportunities to learn in a variety of ways, believing in themselves and aspiring to be the best that they can be.

We will make sure that their voice is heard and they feel safe and valued in a caring and nurturing environment.

- Celebrate success and instil a sense of pride through regular praise.
- Continue to offer a wide range of opportunities in areas across the curriculum to develop success.
- Promote a culture of learning through making mistakes and recognising that this is when the best learning takes place.
- Develop skills in resilience and perseverance.

Community

We recognise that the past months have been very difficult for all in our local community and school family.

We need to listen to what has happened in this time, understand the needs of our community and engage them in the transitioning of learning back into school.

- Share what other classes are doing in school by looking at class blogs.
- Model good speaking and listening skills and empower children with the emotional vocabulary they need to express their thoughts and feelings.
- Provide opportunities to look at parish, local, national and global issues affecting humans and reflect on how this impacts others
- Raise awareness of people who help us and charities, considering their importance in supporting others.

