Prayer Examples

WB 8.6.2020

Holy Spirit, you are with us when we choose.

For our good choices and the joy of making them, we thank you.

For the joy they bring us and others, we thank you.

For our wrong choices, we are sorry.

For the hurt we have done to others, we are sorry.

Help us to take time to think.

We ask you to help and guide us, Amen

O my God because you are so good,

I am very sorry that I have sinned against you

and with the help of your grace I will not sin again. Amen

